

From Prevention to Rehabilitation Promoting Self- Management along the Cardiovascular Care Continuum

New Brunswick's Provincial Health Plan
2008-2012

Advancing health care by putting patients first

Overview of Presentation

1. Health care renewal in Canada
 1. Following the signs
2. New Brunswick's performance
 1. NB Health Status Report
 2. NDSS
3. Reorganizing chronic care
 1. The Chronic Care Model
4. The 2008-2012 Provincial Health Plan
 1. Key messages
 2. Major initiatives

Following the signs

Commonwealth Fund

- *Mirror Mirror on the Wall: An international update on the comparative performance of American Health Care (2007)*

http://www.commonwealthfund.org/publications/publications_show.htm?doc_id=482678

Health Council of Canada

- Health Care Renewal in Canada (2006)
- Why Health Care Renewal Matters – Lessons from Diabetes (2007)
- Learning from Canadian with Chronic Health Conditions (2007)

<http://www.healthcouncilcanada.ca/en/>

Canadian Population Health Initiative

- Improving the Health of Canadians: Promoting Healthy Weights

http://secure.cihi.ca/cihiweb/dispPage.jsp?cw_page=cphi_e

The Conference Board of Canada

- *The UK Way, Spending and Measuring in the National Health Service – Lessons for Canada (2007)*

http://www.conferenceboard.ca/documents_summary_sp.asp?rsp=80&rspdesc=Public+Policy

Figure ES-1. Overall Ranking

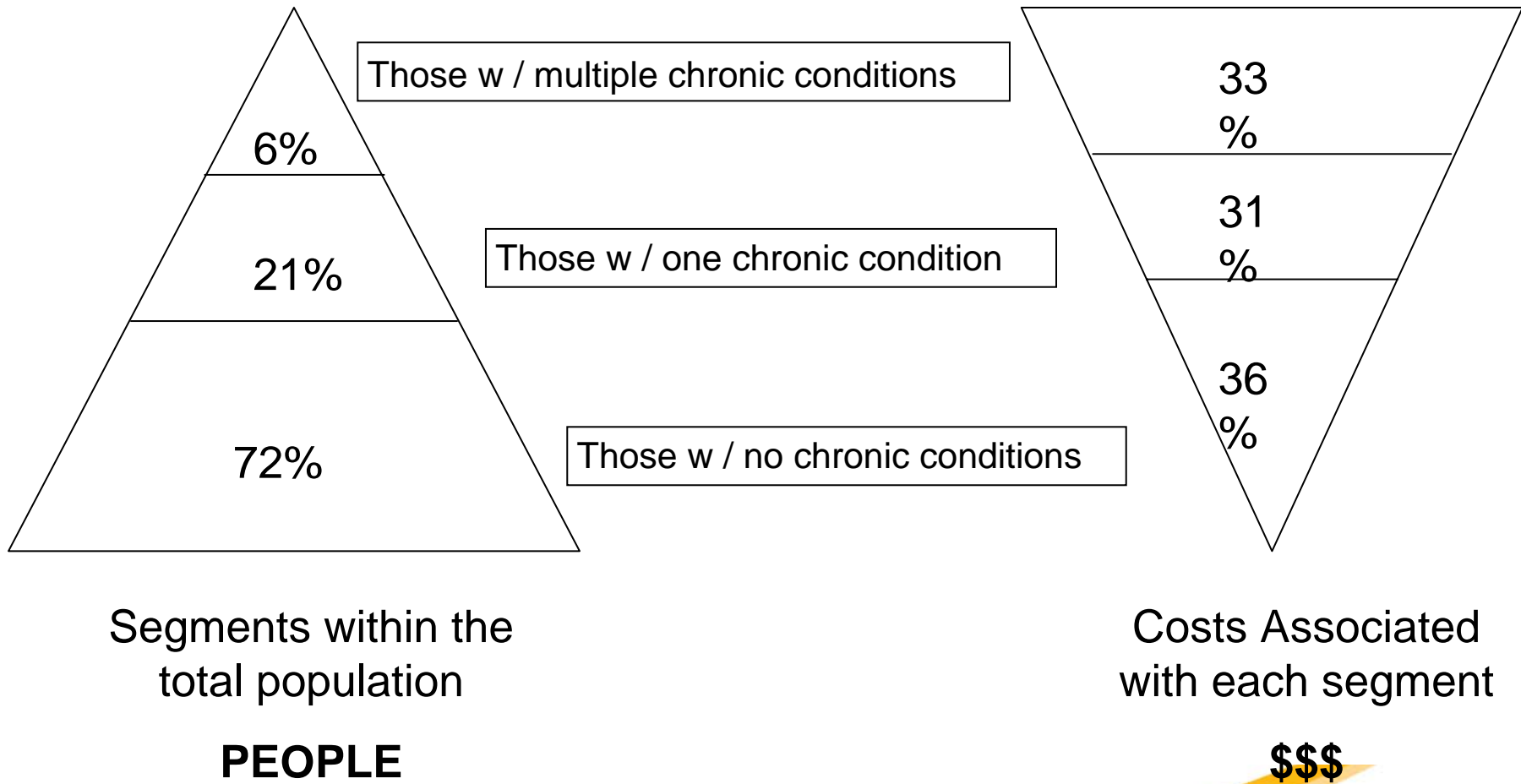
Country Rankings	
	1.00–2.66
	2.67–4.33
	4.34–6.00

	Australia	Canada	Germany	New Zealand	United Kingdom	United States
Overall Ranking (2007)	3	5	1	4	2	6
Quality Care	4	6	1	2	3	5
Right Care	5	6	1.5	1.5	3.5	3.5
Safe Care	4	5	1	3	2	6
Coordinated Care	3	5	1	2	4	6
Patient-Centered Care	4	6	2	1	3	5
Access	3	5	1	4	2	6
Efficiency	4	5	3	2	1	6
Equity	2	5	4	3	1	6
Healthy Lives	1	3	2	4.5	4.5	6
Health Expenditures per Capita, 2004	\$2,876*	\$3,165	\$3,005*	\$2,083	\$2,546	\$6,102

* 2003 data.

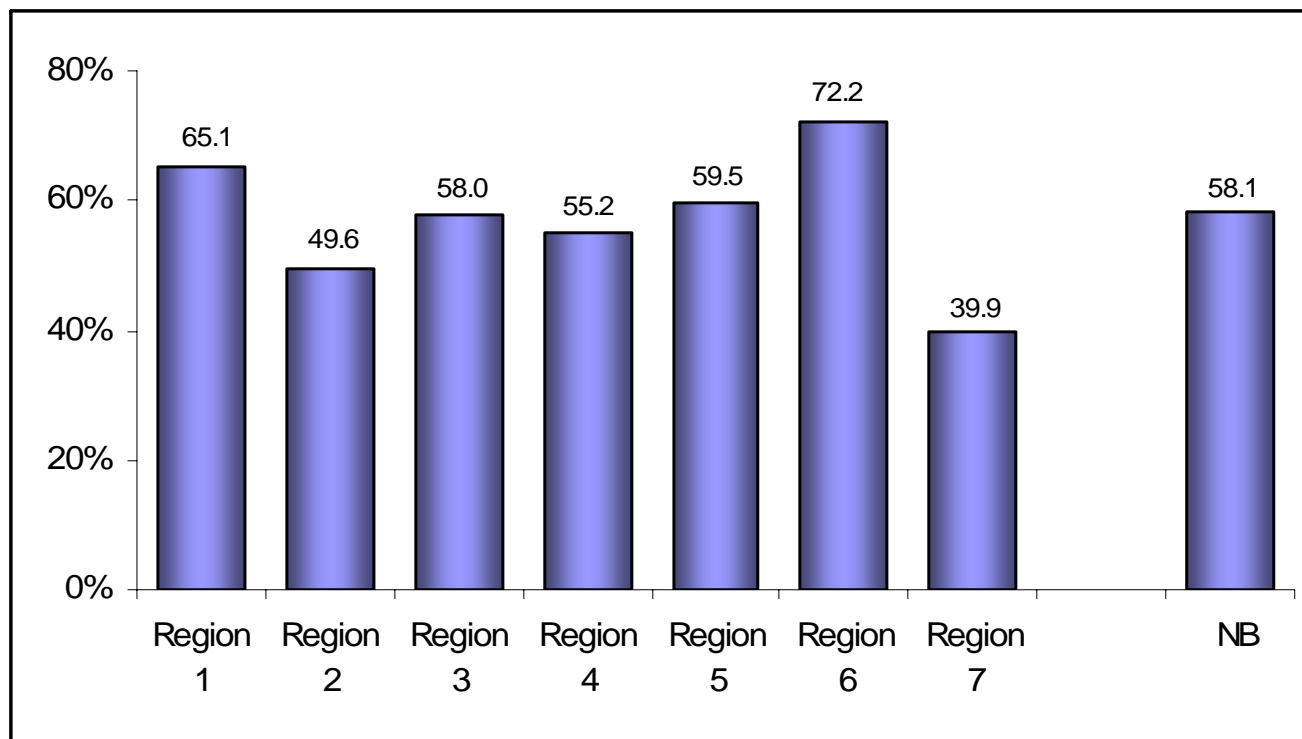
Source: Calculated by The Commonwealth Fund based on the Commonwealth Fund 2004 International Health Policy Survey, the Commonwealth Fund 2005 International Health Policy Survey of Sicker Adults, the 2006 Commonwealth Fund International Health Policy Survey of Primary Care Physicians, and the Commonwealth Fund Commission on a High Performance Health System National Scorecard.

The Challenge



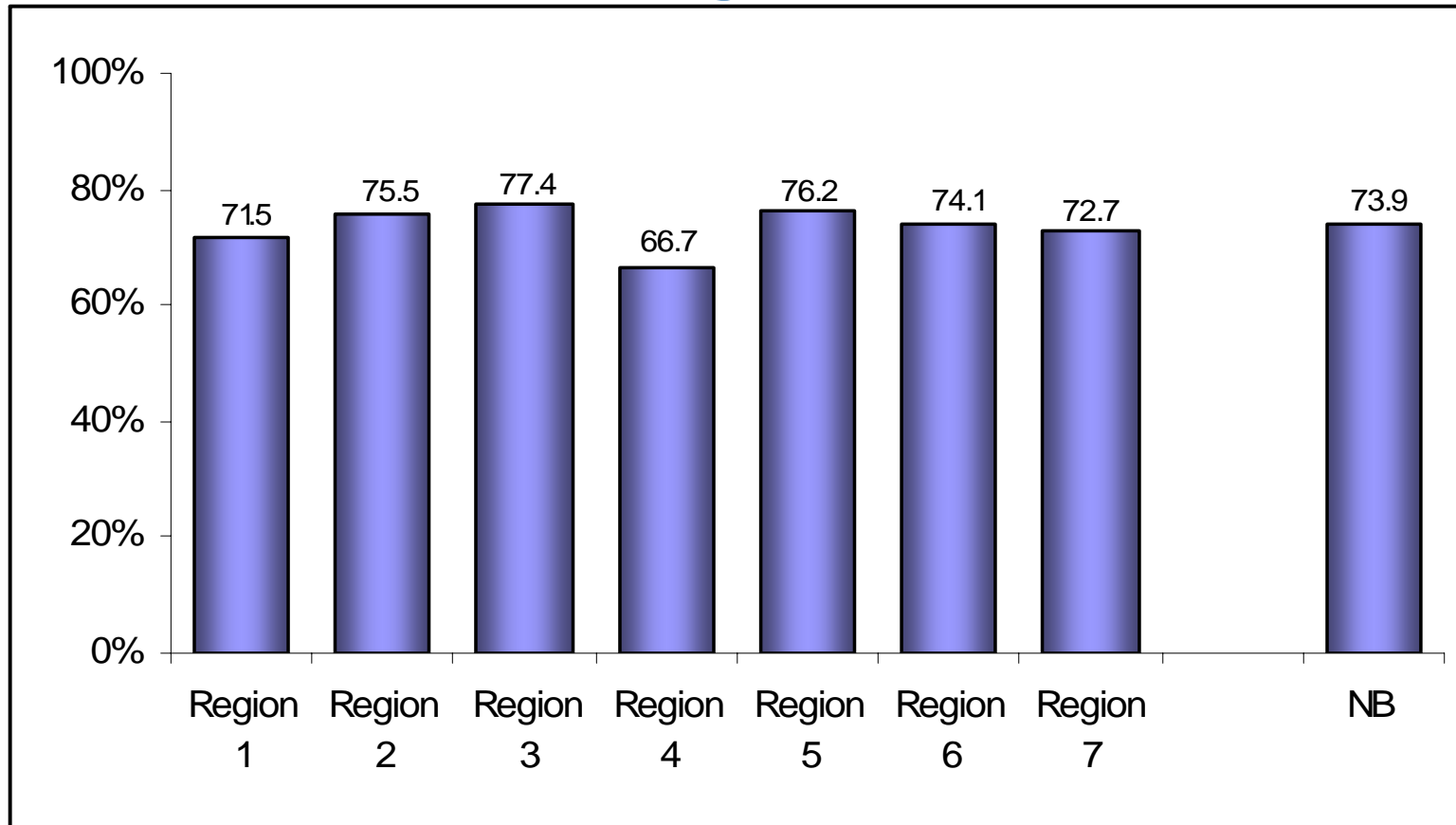
Source: Kaiser Permanente Northern California commercial membership, DxCG methodology, 2001.

CCHS: Has a Chronic Condition (Ages 12-17)

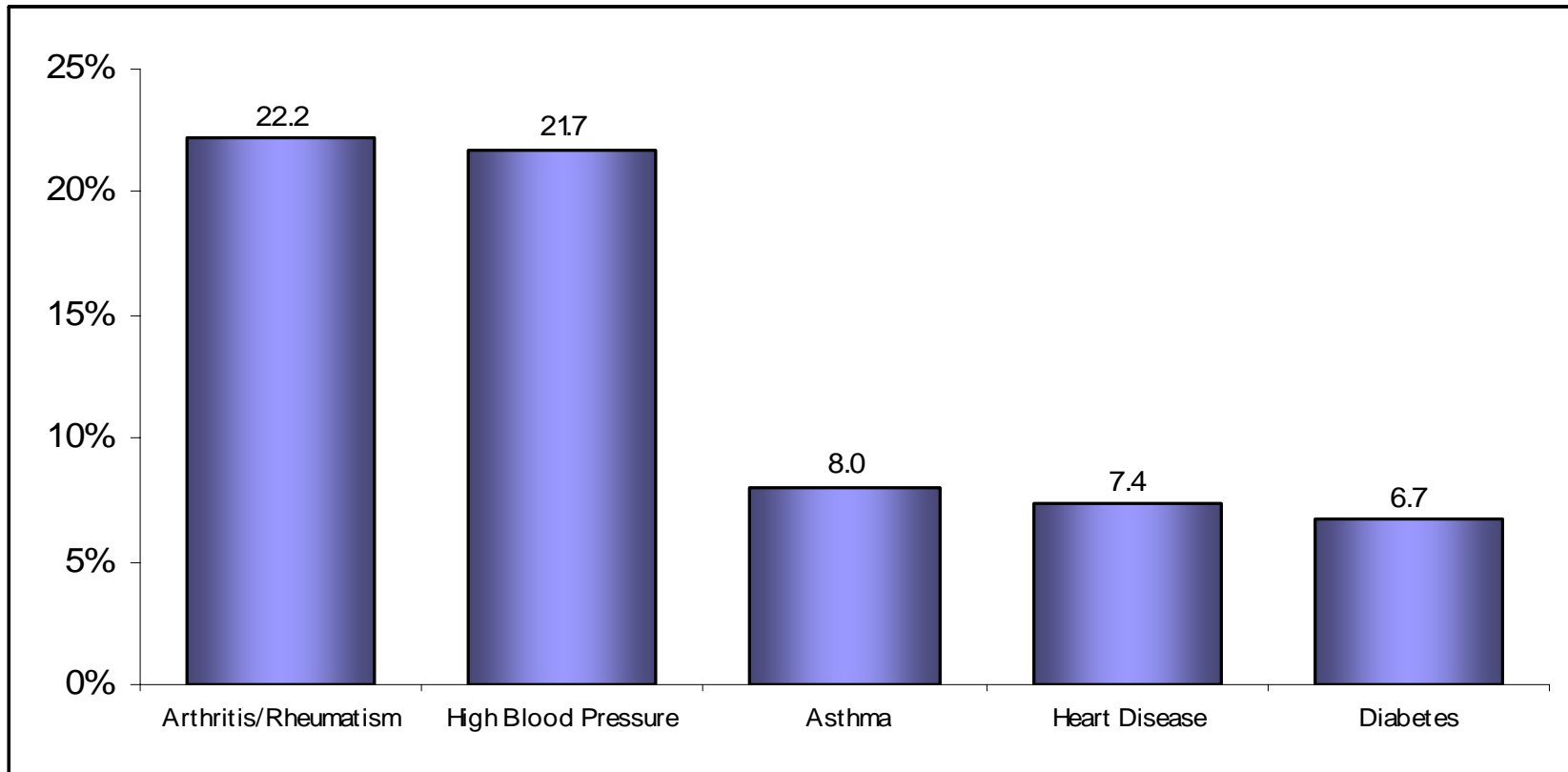


Source: Statistics Canada, CCHS Cycle 3.1, 2005

Has a Chronic Condition (Ages 18+)



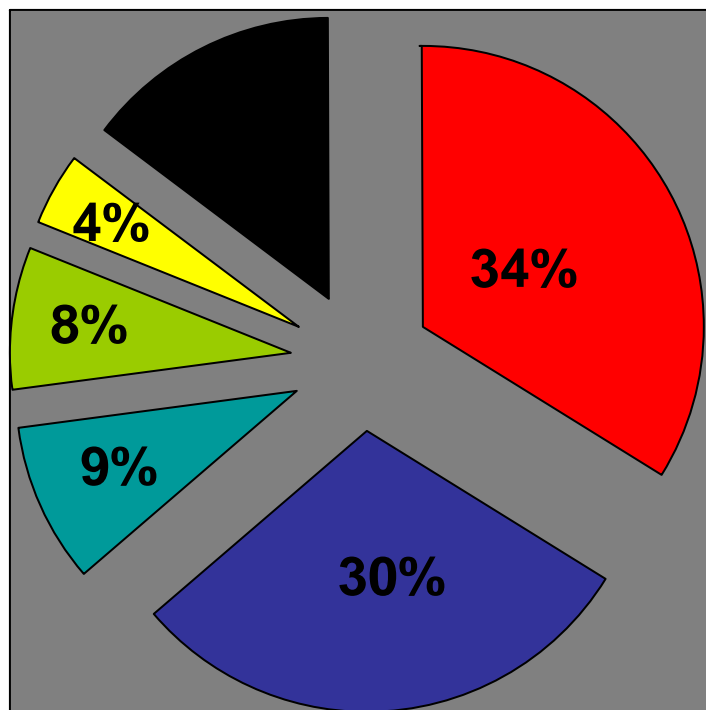
The Five Most Prevalent Chronic Diseases (Ages 18+)



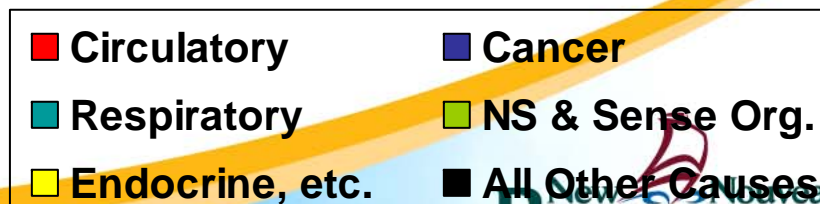
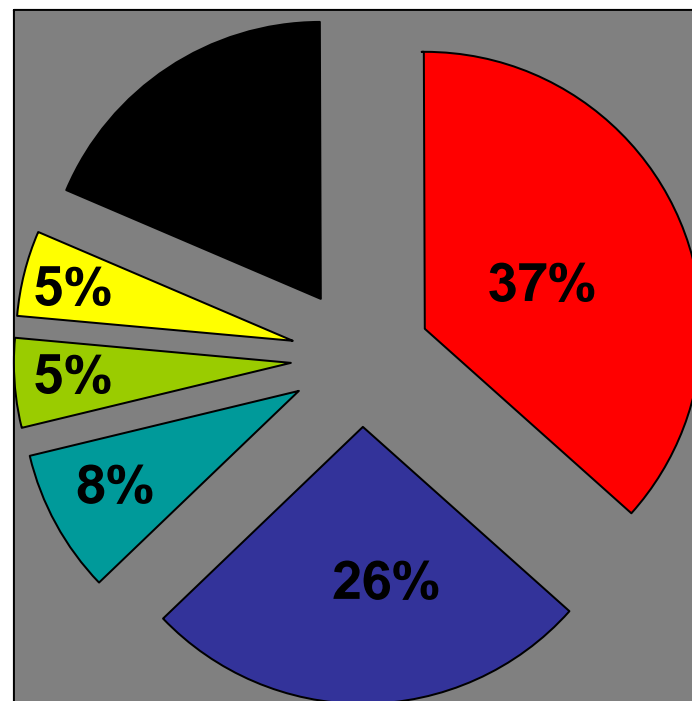
Percent Distribution-Causes of Death

http://www.gnb.ca/0051/pub/pdf/epi/New_Brunswick_Health_Status_Report_1999-2003.pdf

Males



Females



Leading Causes for Potential Years of Life Lost (PYLL)

Rates per 100,000 population

- Cancer (1584)
- External Causes of Injury and Poisoning (1236)
- Diseases of the Circulatory System (967)

http://www.gnb.ca/0051/pub/pdf/epi/New_Brunswick_Health_Status_Report_1999-2003.pdf

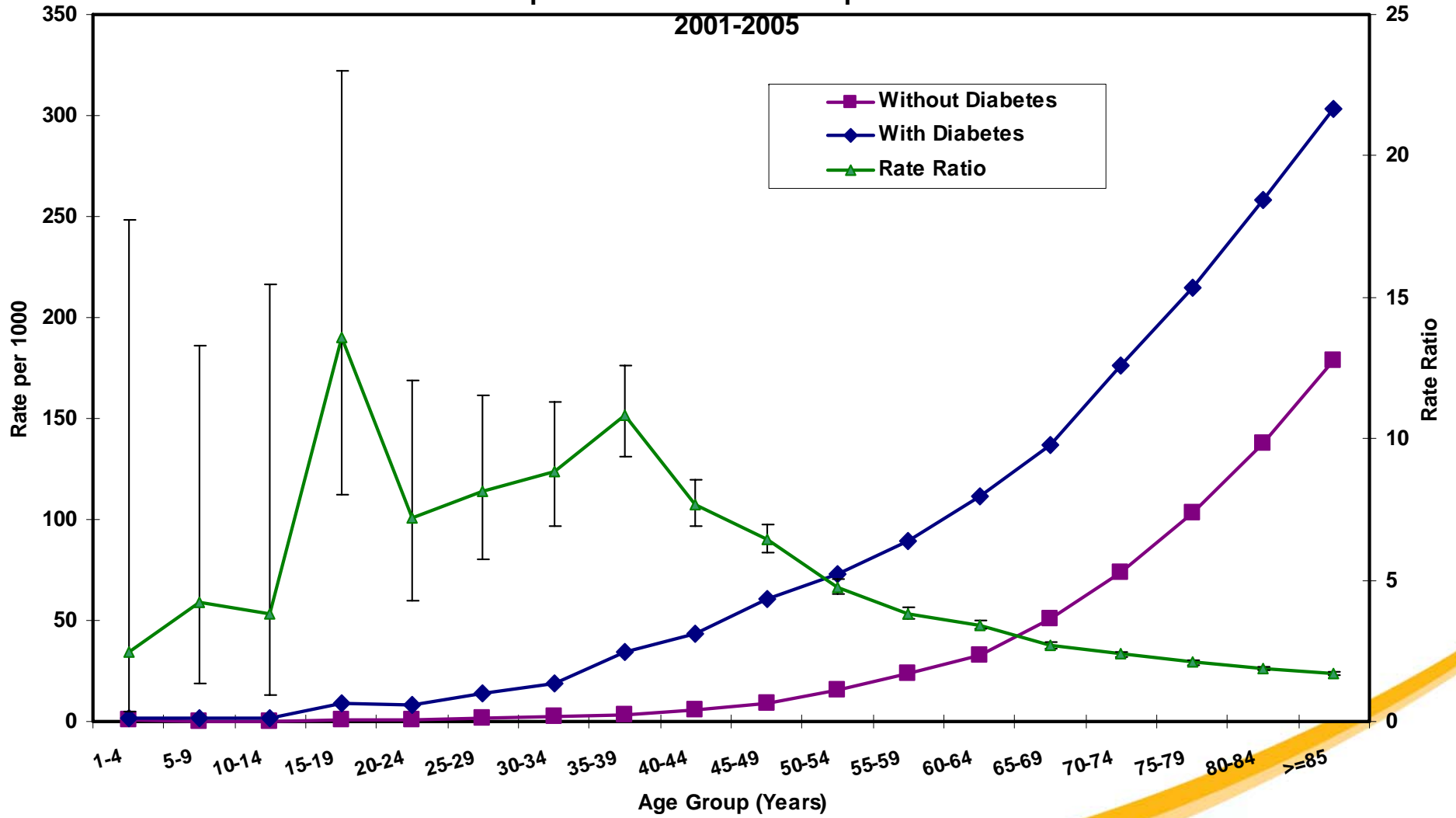
Hospital Utilization –leading causes of hospital days

- 1) Mental Disorders
- 2) Diseases of the Circulatory System
- 3) Diseases of the Respiratory System
- 4) Diseases of the Digestive System

http://www.gnb.ca/0051/pub/pdf/epi/New_Brunswick_Health_Status_Report_1999-2003.pdf

NB Age Specific CVD Rates People With Diabetes vs. People Without

2001-2005

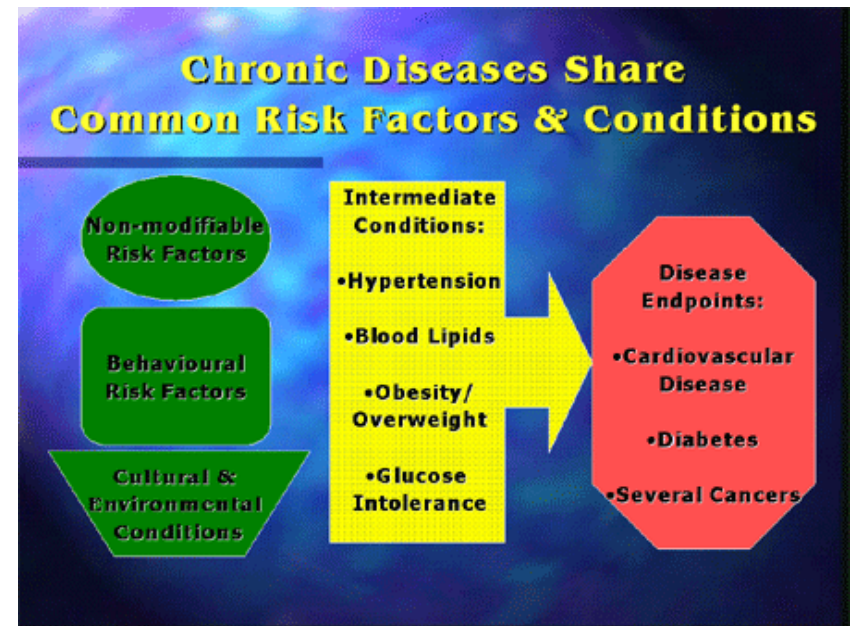


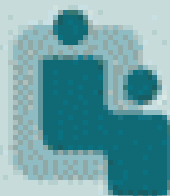
Chronic Care in Canada

BC: CDM strategy (website, registry, best practices, preventive care, self management)

Ont: Group Health Ctr:
"One example of Canadian chronic disease management excellence" -
Dr. Michael Rachlis,

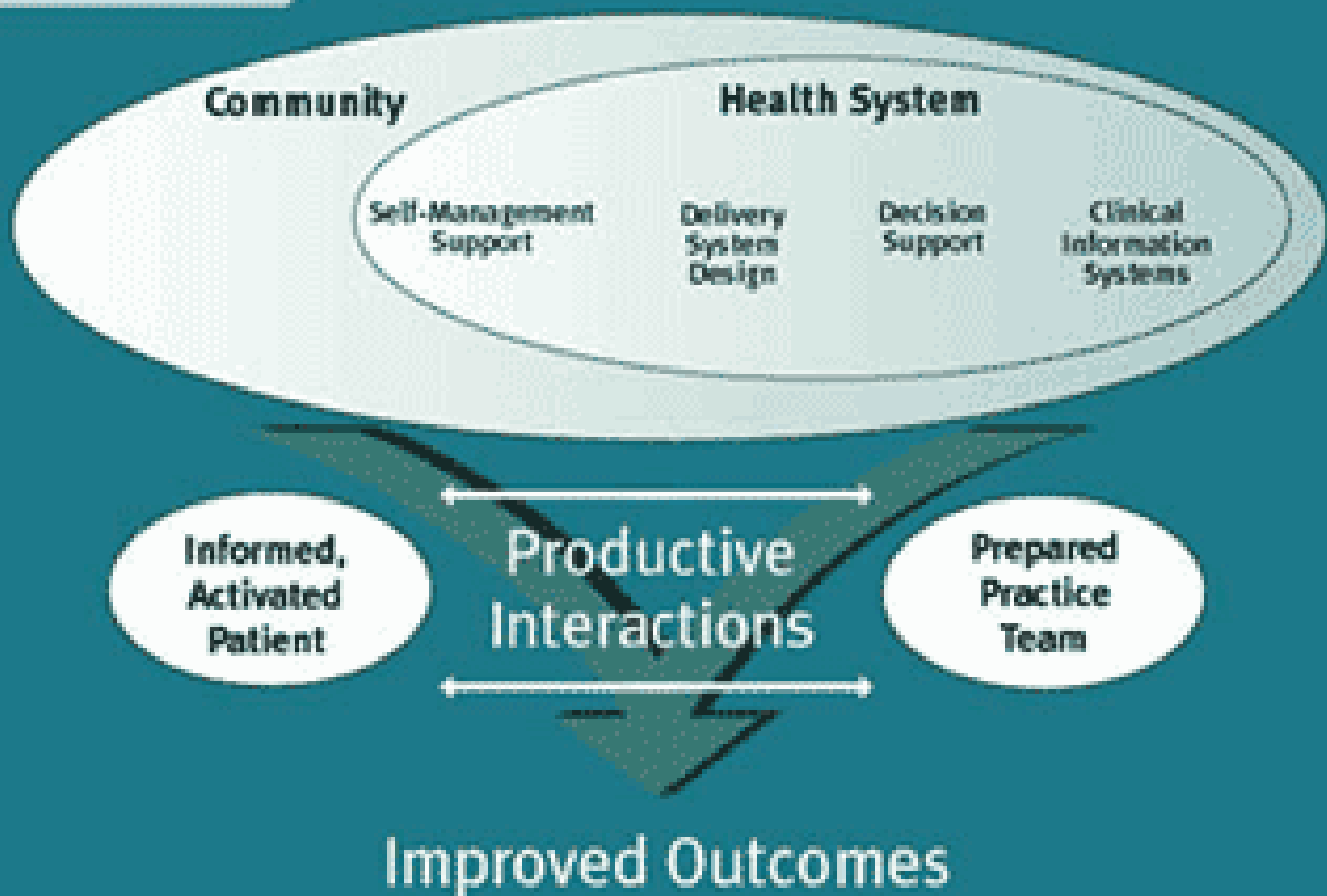
Public Health Agency of Canada





improving
chronic
illness care

Chronic Care Model



Provincial Health Plan 2008-2012

1. Achieving a better balance
2. Enhancing access
3. Improving the overall efficiency
4. Harnessing innovation
5. Making quality count
6. Engaging partners

<http://www.gnb.ca/cnb/promos/php/index-e.asp>

Prevent it, Find it, and Manage it!

A primary health care framework

- **Six new community health centers or satellite facilities**
- **Enhanced francophone services**
- **Pilot project in community based family practice settings**
- **My Choices – My Health, a self management program**
- **Improved access to 24/7 care**
- **Injury prevention strategy**
- **More work with NGO sectors**
- **Web based patient support**
- **Revision to the health card for low income families and those experiencing hardship due to health care concerns**
- **Review of the New Brunswick Prescription Drug Program including indexing the ceiling income level for seniors in qualifying, as well as a focus on ability to pay rather than age or disease.**

Thank you

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